

MODULE DESCRIPTOR

| | | | |
|---------------------|-------------------|---------------------|----------------------|
| MODULE TITLE | HEALTH PSYCHOLOGY | | |
| MODULE CODE | PS2350 (L5) | CREDIT VALUE | 20 CREDITS / 10 ECTS |
| CAMPUS | UCLAN CYPRUS | | |
| SCHOOL | SCHOOL OF SCIENCE | | |

MODULE AIMS

This module aims to develop students' knowledge of Health Psychology, enabling students to understand, discuss and critically evaluate the research, both within the wider framework of psychological theory and in terms of the practical implications for health.

MODULE CONTENT

The module will develop students' understanding of the theoretical basis for health psychology, and its application across different professional contexts. The module content addresses major themes in health psychology (e.g. Patterns of Health and Disease from a Psychosocial Perspective; Quality of Life; Health Beliefs; Appraisal and Emotion Theory; Stress and Coping; Health Screening; The Social Context of Health Behaviours; Individual Differences and Cross-Cultural Issues in Health; Professional Issues in Health Psychology; Integration in Health Psychology Assessment & Evaluation: Biomarkers, Observation and Self Report).

INTENDED LEARNING OUTCOMES

| On successful completion of this module a student will be able to: | |
|---|--|
| 1. | Describe and critically evaluate psychological theory, data and practice in relation to selected aspects of Health Psychology. |
| 2. | Discuss and critically evaluate important issues in Health Psychology. |

TEACHING METHODS

Students will be given a combination of lectures, seminars and coursework.

ASSESSMENT METHODS

The module is assessed through a Health promotion leaflet with evidence and 2 written examinations.