

MODULE DESCRIPTOR

MODULE TITLE	CLINICAL PSYCHOLOGY		
MODULE CODE	PS2360 (L5)	CREDIT VALUE	20 UK CREDITS / 10 ECTS
SCHOOL	SCHOOL OF SCIENCES		

MODULE AIMS

1. This module aims to develop students' knowledge of and engagement with clinical and health psychology in their application to areas of psychological and somatic health.
2. The module aims to develop students' understanding of the therapeutic process, from developing a theoretically driven biopsychosocial formulation to informing a therapeutic strategy.
3. The module aims to develop students' therapeutic process skills through a substantially interactive teaching style and innovative coursework strategies. Students will employ problem-based working to contextualize a 'problem' narrative to inform therapeutic decisions.
4. The module aims to develop students' ability to provide a structured description of a clinical issue using the biopsychosocial framework.
5. The module aims to develop students' ability to conduct an experiential investigation of the process of behavioural analysis and theoretically driven behaviour change, leading to a deeper reflective insight into the process.

MODULE CONTENT

Indicative syllabus content:

Module delivery will reflect:

- Therapeutic Perspectives in Clinical & Health Psychology
- Formulation vs Diagnosis in Clinical and Health Psychology
- Evidence Based Practice
- Population vs High Risk interventions in the context of Patterns of Health and Disease
- Psychological and Somatic Health Screening

Module content will include therapeutic models and their application in relation to a selection of topic areas. Topics selected may include the following areas:

- Psychosis and Disorders of Thought & Perception
- Disorders of Mood Depression and bipolar mood disorder
- Anxiety Disorders e.g. phobias, Generalized Anxiety Disorder, Panic
- Obsessive Compulsive Disorder
- Family / Systems e.g. conduct disorders, food phobic behaviour, etc
- Perceptions of illness and adjusting to living with illness
- Eating disorders

INTENDED LEARNING OUTCOMES

On successful completion of this module a student will be able to:

1. Describe and evaluate the application of theoretical/conceptual ideas in clinical and health psychology to assessment and therapeutic approaches.
2. Apply the process of formulation and hypothesis generation in relation to a range of clinical and health psychology topics.
3. Apply the biopsychosocial model to assessment in clinical and health psychology.
4. Design, conduct, report and reflect upon a behavioural assessment and behaviour change programme.

TEACHING METHODS

The module will develop students' understanding of the application of theoretical and conceptual ideas in clinical and health psychology as they apply assessment, formulation and therapeutic approaches.

The students will explore through a pairing of lecture and seminar the application of a range of therapeutic tools working with clinical topics. Each topic will involve comparing two therapeutic strategies in order to develop critical appreciation of working at an individual level, and to avoid preconceptions of there being unitary approaches to clinical engagement.

ASSESSMENT METHODS

This module is assessed through a case study and an analysis of a clinical or health problem.