

MODULE DESCRIPTOR

MODULE TITLE	APPLIED PRINCIPLES AND TECHNIQUES IN SPORTS 2		
MODULE CODE	XS3006 (L6)	CREDIT VALUE	20 UK CREDITS / <u>10 ECTS</u>
SCHOOL	SCHOOL OF SCIENCES		

MODULE AIMS

The purpose of this course is to provide learning experiences that will lead to the development of basic skills in team sports and aquatics. In addition to skill acquisition, the course will focus on how to plan and implement the four stages of content development process in games through the use of informing, extending, refining, and applying the tasks. Students will be expected to achieve an intermediate to advance level of skill in the selected team sports. Practice outside of class time and individual tutoring may be necessary for some students to achieve the expected performance level.

MODULE CONTENT

Indicative syllabus content:

Course Policy and Procedures

Acquisition and Analysis of Team Sports and Aquatics

- A. Basketball
- B. Team Handball
- C. Soccer
- D. Volleyball
- E. Swimming

For each unit content will typically include the following:

1. History, rules, safety
2. Fundamental skill acquisition
3. Drills and min-games
4. Strategies for play
5. Game play
6. Officiating

Planning and teaching

- A. Unit plan
- B. Lesson plans
- C. Resource file

INTENDED LEARNING OUTCOMES

On successful completion of this module a student will be able to:

1. Demonstrate basic skills in selected sports using a mature movement pattern.
2. Demonstrate team play concepts and strategies in mini-game play.
3. Explain in depth and appropriately apply history, rules, safety, and performance techniques in selected team sports.
4. Apply the Sport Education Model to selected team sports.

TEACHING METHODS

Key lectures will be delivered to provide you an overview of all aspects of each sport, including teaching considerations, techniques, lead-up games, drill activities and information on teaching special populations. These will be supported by tutorials, practicals, students' presentations and independent study to help you gain the knowledge required for a physical educator to be able to operate in different and safe environments within sport and physical activity. Practice outside of class time and individual tutoring may be necessary for you to achieve the expected performance level. The practical skills assessment will give you an opportunity to demonstrate the extent of your learning as a result of engagement in practical classes and guided independent study. The coaching session will provide you with an opportunity to demonstrate your performance skills, pedagogical skills and awareness of the group.

ASSESSMENT METHODS

This module is assessed through a plan and teach one unit, skills tests in two sports and an examination.